

### **Family Footpath Fun**

Robin Hood and his band of merry men made an appearance in Luppitt last month. They defeated some pesky outlaws dotted around the village and won back the treasure from Prince John!

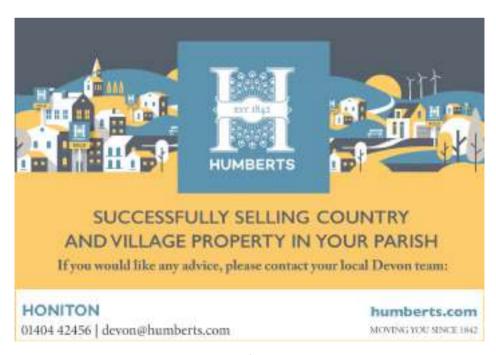
All the activity was followed with a delicious afternoon tea.

Great fun was had by all.

Many thanks to the organisers who made it such fun.







### THE LUPPITT PACKET

Summer has arrived in full bloom and the village is bursting with life and colour. The warmer temperatures and longer daylight hours bring both a sense of relaxation and celebration. July and August are always a highlight on the local calendar especially with the much anticipated Village Flower Show and Fete where gardeners and bakers share the fruits, vegetables, flowers and cakes they have laboured over. Always a well attended occasion, it brings together the best of our gardens, produce and community spirit. Whether you are entering a prized bloom or simply stopping to admire the displays, it's a wonderful way to celebrate the talents and traditions of our village.

With school holidays starting towards the end of July, there will be a lot of activities to keep the children occupied - whether you are planning day trips, holidays abroad, picnics or just taking time with friends and family we hope this summer offers something special for everyone.

Here's to warm evenings, well tended borders, and making the most of these bright and (hopefully) sunny months.

Christine Ryder, Michele Turner and the Luppitt Packet team

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### Luppitt Entertainments Committee Events

### Events coming up:

Saturday 9<sup>th</sup> August: Flower Show and Fete
If you would like to book a stall, please email Pat.
Bussey27@qmail.com as soon as possible.

### Save the Dates!

Monday 29th September: Harvest Supper

Saturday 4<sup>th</sup> October: Apple Day Friday 24<sup>th</sup> October: Autumn Bingo

November (date tbc) Quiz Night

Saturday 13th December: Christmas Party

### REGULAR EVENTS IN THE VILLAGE HALL

Short Mat Bowls 7.30pm Thursdays Friday Coffee / Market 11am until 1pm

except for last week of the month which is on Saturday

**The Luppitt Inn** 7:30pm every Monday, Wednesday & Friday

Starting 4 July - early opening on Fridays at 6pm (for a trial period)

### PLEASE NOTE

# THE TENNIS COURT AREA OF LUPPITT VILLAGE HALL CAR PARK IS CLOSED FOR MAINTENANCE UNTIL FURTHER NOTICE

### THE LUPPITT PACKET IS ALSO ONLINE

Additional information and photographs can be found at www.luppittpacket.co.uk All archive PDF copies of The Packet dating from 2010 to the current edition can be found on www.luppitt.net (hosted by Peter Sage) which also contains a wealth of information about Luppitt – its history, people, photos, family trees etc.

### **DIRECTORY**

Parish	<b>n Council</b> Chair Vice Chair	www.luppittparish.gov.uk Michele Turner Martin Summers	07525 796197 01404 46845 07748 780096
	Clerk	Rosalind Buxton	01404 861565 07944 625025
Village Hall Secretary Bookings Luppitt Commons		Lucy Murray Jean Hooper Kate Jarman luppittcommons@gmail.co	07968 900349 01404 892969
Parish Notices WhatsApp		Lucy Murray	07968 900349
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Associate Priest		Jane Penn revjane@dunkeswell.org.u	01404 841523 k
Missio	n Community Admin	Sara Bevan sara@dunkeswell.org.uk	07717 222404
PCC Secretary Luppitt Entertainments Chair Luppitt Entertainments Sec Captain of Bellringers		Pat Bussey Lorna Rocket Lornarockett@hotmail.com	
Hartrid	dge Buddhist Monaste	ry	01404 891251
Surge	ries	Blackdown Dunkeswell Honiton Medical Centre Honiton Minor Injuries Unit	01823 681720 01404 548544 01404 540540
East D	Air Ambulance Devon District Council (community transport) as Advice Bureau		01392 466666 01404 515616 01404 46529 0344 411 1444

### Location of defibrillators

Village Hall EX14 4RT Lowmans Farm, EX14 4TX (near Red Doors)

### **GARDEN JOTTINGS**

In 1492 Columbus sailed the ocean blue and came across America. He came across cactuses too. Like my dictionary you may prefer the latinised cacti. Not that the Greeks sailed across in their speedy triremes and beat Columbus to it.

If you go in for cactuses, your first and basic problem is picking up these spiky plants with no leaves and fat stems in or out of posts. Maybe some enterprising garden firm offers cactus gloves. You certainly need them.



Jacki has grown cactuses from seed for many years, even before we came to Luppitt. So, some of ours are quite large and flower each year usually in early summer. Cactus flowers are yellow, orange, red or white. There are no blue ones. They grow mainly in dry areas of central America and the USA. Some live in colder regions down to the tip of South America.

If you grow cactuses, especially in a greenhouse, make certain they have bright light but not intense sunlight all day long. They come from dry regions with occasional rain. They need some watering in spring and summer. In winter they should be kept dry. They also need adequate ventilation.

There are several thousand different species or types of cactus so some should suit everyone's greenhouse.

**David Street** 





St Mary's July/August service schedule is listed below. For a full list of services across our Mission Community please visit www.dunkeswell.org.uk

### **Services**

06 Jul	09:30 AM	Holy Communion	Rev N Candelent
13 Jul	5:00 PM	Evensong	Sara
18 Jul	4:00 PM	Friday @ 4, Throgmortor	n Hall
20 Jul	11:00 AM	Holy Communion	Rev N Candelent
27 Jul	11:00 AM	Morning Worship	Sara
03 Aug	1:30 PM	Wedding	Rev N Candelent
04 Aug	10:30 AM	Messy Church, Luppitt V	ïllage Hall
10 Aug	4:00 PM	Café Church	Rev N Candelent
17 Aug	11:00 AM	Holy Communion	Rev J Penn
24 Aug	11:00 AM	Morning Praise	Sara
28 Aug	10:30 AM	Messy Church, Luppitt V	ïllage Hall

### **Mission Community Services**

31 Aug 10:30 AM Throgmorton Hall Rev J Penn

Church Cleaning and Flower Rota 2025				
5 July	Mary Hill			
12 July	Sue Piechowiak			
19 July	Jean Gardiner and Joy Tofts			
26 July	Pat Bussey			
2 August	Mary Joyce and Pearl Pulman			
9 August	Mary Hill			
16 August	Sue Piechowiak			
23 August	Jean Gardiner and Joy Tofts			
30 August	Pat Bussey			

### **LUPPITT FLOWER SHOW**

# LUPPITT VILLAGE HALL SATURDAY 9th AUGUST 2025

Staging entries: 9:30 am to 11am

Show opens to public: 2pm Presentation

of prizes: 4pm



The TD HUSSEY CUP for Section A

The BEACON PERPETUAL CUP for Section B

The RED DOORS ROSE BOWL for Section C

The BARN CUP for Section D

The PHILLIP SIMON CUP for Section E

The FLUTTERBY CUP for Sugar craft Section F

The HARTRIDGE TANKARD for Section G

The VILLAGE HALL PERPETUAL CUPS for Sections H & I

The DUMPDON HILL CUP for Section N

### **RULES FOR LUPPITT FLOWER SHOW**

All sections open to amateurs, living in or out of the parish of Luppitt. Entry Fees: Adults 30p per entry. Children 25p per entry.

Only one entry per person per class.

Entry forms to the persons below, not later than Thursday 7th August at 7pm.

Labels will be issued. No entry will be judged without a label.

No entries changed on the day.

All Exhibits to be homegrown/made, except section C.

No entry to be removed before 4:30pm

The Judges decision is final.

### Entry forms can be given to, and obtained from:

Box at Shelf farm Iris Selway, 7 Millrise The Friday Coffee Morning or Village Hall

LUPPITT FLOWER SHOW	, ENTRY FORM. Please circle classes to be entered, complete and
hand in with fees.	, ETTTE TOTAL TICADO ONOIO OIGOSOS TO DO OITOTOU, COMPICTO ANA
	Child, age
Address	
A1 A2 A3 A4 A5 A6 A7 A8 A	.9 A10 B1 B2 B3 B4 B5 B6 C1 C2 D1 D2 D3 E1 E2 E3 E4 E5 E6 E7
E8 E9 F1 G1 G2 G3 H1 H2	2 H3 I1 I2 I3 N1 N2 N3
PRIZES FOR ALL CLASSE	<u>S: 1<sup>st</sup>: £1 2<sup>nd</sup>: 50p 3<sup>rd</sup>: 30p.</u>
SECTION A. Hussey Cup for	<u>or Vegetables</u>
A1 5 Potatoes, White	;
A2 5 Potatoes, Red	
A3 3 Beetroot	
A4 5 Runner beans	
A5 3 Courgettes with	Tiower
A6 3 Leeks	uniona
A7 A bunch of spring A8 5 Tomatoes	OHIOHS
A9 5 French beans	
A10 3 Herbs in a jam	iar
SECTION B. Beacon Cup f	or Flowers
B1 3x3 Stems Annua	als
B2 3x3 Stems Peren	
B3 3 Gladioli	
B4 5 Sweet Peas	
B5 3 Roses	
B6 3 Dahlias Pom po	om
SECTION C. Red Doors Ro	ose Bowl for Arranging
	ent depicting a well-known novel with book 24x24 inches
(Accessories may be used)	
	angement in a shell
SECTION D. Barn Cup for	<u>-ruit</u>
D1 5 Tree fruit	
D2 5 Blackberries D3 A bunch of Rhuba	arh
SECTION E Phillip Simon ( E1 4 Eggs	Sup for Homecian
E2 A Jar of Chutney	
E3 A Jar of fruit Jam	
E4 4 Millionaire shor	tbread
E5 Chocolate spong	
E6 2 Pasties	,
E7 Cake. As recipe of	given in Luppitt Packet
E8 Crocheted or knit	ted toy
E9 An apron	
SECTION F Flutterby Cup 1	or sugarcraft
F1 Animal family	
SECTION G. Hartridge Tan	kard for Men only
G1 4 Sausage Rolls	
G2 A carrier bag of h	
G3 A bottle of alcoho	
H1 A child sized scal	up for Children 8 yrs and under
	en on a dinner plate
H3 4 Rice Krispy cak	
SECTION I. Village Hall Cu	p for Children 9-16 vrs
I1 A child sized scar	
	en on a dinner plate
I3 4 Butterfly cakes	1
SECTION N. Dumpdon Hill	Cup for Adult Novelty
N1 A miniature scare	ecrow 12 inch max
N2 Hanging basket	
N3 The biggest dock	leat

All food items to be covered with cling film. All suitable items on a paper plate.

### **LUPPITT FLOWER SHOW**

### **Set Recipe**

### **Gingerbread loaf**

### Ingredients

300g Treacle

225g unsalted butter, cold from the fridge is fine

250g whole milk, cold from the fridge is fine

300g all-purpose flour, sifted

180g granulated sugar

1 tsp baking soda

1 tsp baking powder

1 tsp salt

2 Tbsp (15g) ground ginger

1 tsp cinnamon

½ tsp mixed spice or pumpkin pie spice

½ tsp nutmeg

½ tsp cardamom

2 large eggs (100g without the shell), at room temperature



### Instructions

Preheat the oven to 300°f / 150°c. Grease and line a large loaf tin with butter and parchment paper.

In a medium saucepan, combine the treacle and butter. Melt together over a medium heat, stirring occasionally and making sure that it does not boil. Once the mixture is melted, remove from the heat and add the milk to cool the mixture down slightly. Leave to stand for 10 minutes so that it does not scramble the eggs.

Meanwhile, in a large bowl, sift together the flour, sugar, baking soda, baking powder, salt, and spices. Stir together until well combined. Once the treacle mixture has cooled slightly, add the eggs to the mixture and whisk well to combine.

Add the wet ingredients to the dry ingredients and whisk well to combine until the mixture is smooth and lump free.

Transfer the batter to the prepared pan.

Bake the gingerbread loaf for 1 hour and 20 minutes, until a skewer inserted into the middle comes out clean (make sure that you poke it right down to the bottom of the pan to check).

Remove the gingerbread loaf from the oven and leave it to cool in the pan then transfer to a wire rack.

## Tia Whitrow wins prestigious Cornish Mutual award

Wick resident, Tia Whitrow has been named the Cornish Mutual South West Agricultural Student of the Year and with it a bursary to go to a leading agricultural event of her choosing.

Tia attends Bicton College, where she is currently studying Level 2 Agriculture, and has had a passion for farming (and sheep in particular) from an early age. She comes from a local farming family and intends to follow in the footsteps of her parents and grandparents by pursuing a career in the industry. The bursary recognises young farmers with a passion and enthusiasm for the future of farming and Tia certainly has that in abundance. She would like to use the award to fund further qualifications and expand her



skills; perhaps even travelling to a country such as New Zealand for on-the-job experience and to look at different farming systems.

Tia and her brothers and sister have all been enjoying considerable success at agricultural shows this year, watched on by their enthusiastic and proud parents, Lee and Sally. The farm has pedigree Suffolks and Beltex sheep, as well as a commercial flock. Tia shows the Suffolks and has been named best young handler on numerous occasions, showing the judges her wide knowledge on the subject. Her older brother Aidan prefers the Beltex and younger sister Josie has only recently started building up her own flock of Dutch Spotted, whilst younger brother Kieran is also a successful handler at the shows, but tends to prefer all things mechanical! The whole family have an ever-growing collection of rosettes and cups between them and they recently featured on an ITV News West Country report on the Royal Cornwall Show, where a Suffolk which Tia was showing won Reserve Champion Female.

Tia has also had the opportunity of judging stock herself and is keen to expand on that. She and Aidan are also getting pretty skilled at shearing. However, Tia's main ambition is to develop the family farm and to make it resilient for the future. At a time when there is some uncertainty in the industry, it's good to see such enthusiasm for a career in farming.

### **JULY/AUGUST PUZZLE**

Use the same letters, but give them a spin and try to make seven new seven-letter words that read across the grid so that the centre column reading down also spells out a word.

A 1H 2F H R F G 3R E A C T 0 R 48 C R M P E 5<sub>B</sub> E u Т N E R M N E M S S B 1F R U 2E ٧ E D 0 3p E Đ E R 4D Y E N S T 5E R Ü T E P D 6D E F N R 7G E

#### **EPIC SUMMER SALAD**

### **Ingredients**

400g black beans drained 2 large handfuls of baby spinach leaves roughly chopped 500g heritage tomatoes chopped into large chunks

½ cucumber halved lengthways. seeds scooped out and sliced on an angle

1 mango peeled and chopped into chunks

1large red onion halved and finely sliced

6-8 radishes sliced

2 avocados peeled and sliced 100g feta cheese crumbled

### Method

Make the dressing by blending all of the ingredients in a food processor (or very finely chop them), saving a few herb leaves for the salad. You can make the dressing up to 24 hrs before serving.

### For the dressing

large bunch of mint small bunch of coriander small bunch of basil

1 large green chilli (optional) deseeded and chopped

1 small garlic clove

100ml extra virgin olive oil

2 limes zested and juiced

2 tbsp white wine vinegar

2 tsp honey



### Scatter the beans and spinach over a large platter. Arrange the tomatoes. cucumber, mango, onion and radishes on top and gently toss together with your hands. Top the salad with the avocados, feta and herbs, and serve the dressing on the side.

### Luppitt Village Hall Hire Charges

The Luppitt Village Hall Management Committee reviewed hall hire charges during their meeting in May and agreed rate increases. The new hall hire charges will be affective from 1st October 2025:-

- Hall Hire Per Hour £12,00 (to include light kitchen use for drinks).
- Hall Hire per Hour with full kitchen use —£18.00
- Hall hire per hour with full use of hall and games room £24,00
- Games Room only £10.00 (to include light kitchen use for drinks).
- All day Hire /Weddings /Events POA.
- Soft Play equipment Hire per session £15.00

25% discount to Parishioners (discount also applies to the Church).

### Rev Nigel writes...

Give thanks to the Lord for His love endures forever **Psalm 107:3** 

As we head into summer it has been good to reflect on the first six months of the year with all the joys and challenges that we have had as a community of churches. It continues to be a wonderful privilege to get to know so many of you in and around our parishes and a great privilege to be part of a team that walk alongside people in the most joyous of occasions at weddings and baptisms, but also at the saddest of times through the funerals. It has been good not only to lead services in all six churches but also get involved in some of the local events and look forward to all that the summer brings with village fetes and various other summer activities.

One area we will be exploring during the second part of the year is how we can work more effectively within the villages our churches serve and how we can continue to flourish as a group of churches working together as well as we can. We will be working with our Archdeacon and the Diocese to explore different ways of enabling a more collaborative approach to church village life across our six church communities. We will also be looking at, not only the running of our churches each in their own contexts, but how our offer of services can reflect the changing landscape of how we engage in our communities and the resources available to us. If you are reading this and feel you would like to be part of this conversation, please do get in touch.

It's great to play a part in the life of our schools in Upottery, Plymtree and Broadhembury. They are looking forward to end of term year 6 celebrations as the children prepare to move on into their secondary education. Each of the schools will have their leaver's services in their respective churches, giving thanks for their time at the school. I do hope that the summer will be a time for you all to take time out and rest and give thanks for all we have around us in this beautiful part of Devon, whilst recognising that life is still a struggle for many. Our churches are all open each day and anyone is welcome to come in and just 'be'. I wish you all a very blessed and restful summer.

Every blessing
Rev Nigel Candelent
Dunkeswell Mission Community



### Friday@4...Throgmorton Hall, Dunkeswell Friday 18<sup>th</sup> July @4pm

Come and join us for...Family time - Food@4
Followed by craft/activities/fun
Followed by story time & song.

Messy Church Summer holiday Fun
Come and join us for two meetings
in August for Family Fun# Crafts
#Music



### Monday 4<sup>th</sup> August & Thursday 28<sup>th</sup> August Luppitt Village Hall

10.30am – 12pm Refreshments

Free entry!

Messy church and Fri@4 are for families with primary/ preschool children

Children must be accompanied by an adult.

# Join the Dunkeswell Mission Community Summer Cafe Church Sunday 31st August at 10 30am Throgmorton Hall, Dunkeswell

Breakfast refreshments will be served before the service.

Do come and join us.

# Clerk's report of a Meeting of Luppitt Parish Council held at Luppitt Village Hall on Tuesday, 3 June 2025 at 8 pm

**Present:** Cllrs Charles Murray, Paul Prettejohn, Brian Pulman, Andrew Tucker, Susan Tucker, Yehudi Levine and Colin Brown (EDDC), Cathy Connor (DCC)

In the absence of Cllrs Turner and Summers, Cllr Pulman took the chair for the meeting. Cllr Pulman welcomed the new Devon County Councillor, Cathy Connor, to the meeting. Cathy introduced herself and gave some details of her background. She is also a District Councillor for Mid-Devon. Cathy hopes to attend as many meetings as she is able to going forward. Cathy then left the meeting.

### Receive apologies for absence

Apologies were received from Cllrs Michele Turner, Martin Summers and Lindsay Hill

### Minutes of previous meeting

The Minutes of the meeting held on Tuesday, 6 May 2025, were unanimously agreed and signed as a correct record of that meeting (proposed by Cllr Murray and seconded by Cllr Susan Tucker).

### **Declaration of Interest**

Cllrs Andrew Tucker and Susan Tucker declared an interest in the planning application at Mohuns Ottery as they carry out work there.

#### **PLANNING**

Applications (for comment, support or objection)

24/0938/AGR – Mohuns Ottery, Luppitt, EX14 4TS – a steel portal framed agricultural building (amended plans)

The Parish Council has no objection to this planning application.

**25/0840/LBC – Antelope Cottage, Luppitt, EX14 4SN –** replace 2 no windows on side elevation; 4 no windows at first floor and 5 no windows at ground floor front elevation and 1 no window on side elevation and 1 no door on front elevation

The Parish Council has no objection to this planning application.

25/0950/FUL – Pulmans Farm, Beacon, EX14 4TX – replacement of extension to rear (retrospective)

The Parish Council objects to this retrospective planning application as the extension is not in keeping with the existing listed building and contravenes several Neighbourhood Plan policies.

#### **Decisions**

None.

### **REPORTS**

#### Ward Councillors

Cllrs Brown and Levine brought the Parish Council up to date on strategic planning, taxi fares and general morale at EDDC in view of the Local Government reorganisation.

### **County Councillor**

Cllr Connor had spoken before the meeting started.

### HIGHWAYS AND TRAFFIC Parish Highways programme

- The clerk has reported the subsidence at Hillend to Highways again.
- Road subsidence below Messhayes and the river, on the right-hand side going uphill.
- Pothole by the well above Antelope Cottage.

#### **Parish Maintenance**

Cllr Hill has arranged for the school sign at Millrise to be cleaned. The Parish Council appreciated that this had been done.

When the clerk had reported potholes between Dove Cottage and Lower Moorlands on the Devon Highways website, the comment from Devon Highways was that this was private land and this had appeared in the Minutes of 4 March 2025. This is not accurate as the road from Dove Cottage to the gateway of a field belonging to Little Fields is not private land. Landowners are responsible for making sure that ditches bordering their land are kept clear.

### **Road Signs**

Cllr Tucker will erect the road signs when time allows.

### **FOOTPATHS AND BRIDLEWAYS**

### **Bridge at Otter Falls**

Cllr Tucker will be carrying out the repair work imminently.

The clerk had received an email from Luppitt Landscape Recovery concerning enhancements to existing footpaths. The clerk was advised to pass the email to the three Footpath Wardens.

### ENVIRONMENT/COMMUNITY FACILITIES VE Day Event

The Parish Council would like to pass on thanks to all the volunteers who worked hard to make the evening a success. Cllr Pulman remarked especially on the magnificent bonfire built by Cllr Tucker. The clerk will finalise figures and circulate to Parish Councillors.

### **BT Telephone Kiosk**

It would appear that only the telephone will be removed, leaving the kiosk.

#### Defibrillator

When carrying out a routine check of the defibrillator at the Village Hall, the clerk noticed that there was an indication that the battery will need to be replaced within the next few months. No action is needed at the moment but the clerk will follow up as this battery has lasted a shorter time than expected.

#### FINANCE AND ADMINISTRATION

### Review of Standing Orders, Financial Regulations, Internal Controls, Risk Assessment and Management Register

All these, with the exception of Financial Regulations, were reviewed and agreed unanimously. The clerk is finalising the Financial Regulations which will be forwarded to Clirs Turner and Murray for scrutiny before being brought before the Parish Council.

### Internal Audit Report

The internal auditor was satisfied that the financial systems and controls had been properly carried out and that the final bank reconciliation accurately reflected the year-end balance held in Luppitt Parish Council's bank account.

### **Approval of Annual Governance Statement**

It was resolved unanimously to accept and approve the Annual Governance Statement for 2024/25. It was signed by Cllr Pulman as Chair of the meeting (proposed by Cllr Murray, seconded by Cllr Susan Tucker).

### **Approval of Accounting Statements**

It was resolved unanimously to accept and approve the Accounting Statements for 2024/25. It was signed by Cllr Pulman as Chair of the meeting (proposed by Cllr Murray, seconded by Cllr Susan Tucker).

### **Insurance Renewal**

The clerk had reviewed the insurance cover. It was agreed to accept the insurance quote and renew the cover.

### Correspondence

- An email introducing an independent planning consultancy, Rose Planning, was noted.
- A notice giving details of the Blackdown Hills Parish Network AGM was noted.
- An email from Devon and Cornwall alert giving details of someone cold calling and trying to buy gold, silver and other items in Dunkeswell was noted. The clerk had also put details on the Luppitt WhatsApp group.

### CONFIDENTIAL ITEM IN CLOSED SESSION Leave of Absence

The matter was discussed and agreed.

#### CHAIRMAN'S DISCRETION

Cllr Murray had been approached by a resident suggesting that cattle grids could be numbered as a way of solving a problem which seems to have arisen over parcels being delivered to the wrong address or just dumped anywhere. The Parish Councillors did not think that numbering cattle grids would help the problem. It was felt it would be more beneficial for property owners to put the name of their property on their cattle grid.

#### QUESTIONS FROM THE PUBLIC

There were no questions and the meeting closed at 9.15 pm.

Dates for next meetings to be held in Luppitt Village Hall at 8 pm:

Tuesday, 1 July 2025 Tuesday, 5 August 2025 Tuesday, 2 September 2025

### Blackdown Hills Repair Cafe Churchinford and Hemyock

Got a clock that's stopped, jewellery that's broken, or clothes that need fixing? Bring your bikes, garden tools, wobbly furniture, tricky electrics, and sewing machines with attitude to our Repair Café - let's fix it together. Why not come along and enjoy breakfast or have some tea/coffee and cake, whilst you wait for your repair to be completed.

Our next Blackdown Hills Repair Cafe will be held on 27th September from 10:00 - 12:45 at Churchinford Village Hall and 22nd November 2025 from 10:00 - 12:45 at Hemyock Parish Hall.

# Blackdown Hills Eco Hub Trimplants, Combe Raleigh

Join us at the Blackdown Hills Eco Hub for relaxed, friendly volunteer sessions on Wednesday afternoons (2-4pm) or Saturday mornings (11-1pm) - enjoy gentle exercise, fresh air, no-dig planting, harvesting, and sharing fresh veg. Everyone's welcome, whether you're green-fingered or just curious!

More info on Facebook (https://www.facebook.com/BHEcoHub/)

### If The Earth by Joe Millar

"If the Earth were only a few feet in diameter, floating a few feet above a field somewhere, people would come from everywhere to marvel at it. People would walk around it marvelling at its big pools of water,

its little pools and the water flowing between.

People would marvel at the bumps on it and the holes in it

They would marvel at the very thin layer of gas surrounding it and the water suspended in the gas.

The people would marvel at all the creatures walking around the surface of the ball and at the creatures in the water.

The people would declare it as sacred because it was the only one, and they would protect it so that it would not be hurt.

The ball would be the greatest wonder known, and people would come to pray to it, to be healed, to gain knowledge, to know beauty and to wonder how it could be.

People would love it, and defend it with their lives because they would somehow know that their lives could be nothing without it.

If the Earth were only a few feet in diameter."





### **ANSWERS TO JUNE PUZZLE**

If you put the first letter at the end of each word, they spell the same backwards as forwards.



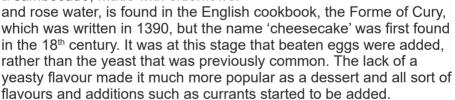
### **National Cheesecake Day 2025**

National Cheesecake Day (yes there is such a thing) falls on Wednesday 30<sup>th</sup> July this year and is a good excuse to indulge in a slice of cheesecake... or two!

Today's modern cheesecake comes in two different forms – either baked, or uncooked on a crumbled biscuit base. The latter was said to have been invented in the United States, however, a form of cheesecake existed as long ago as ancient Greece, when 5<sup>th</sup> Century Greek physician Aegimus wrote a book on the art of making cheesecakes. The Romans are thought to have poached the idea

following their conquest of Greece and Cato the Elder wrote of three cakes for religious use – the libum, savillum and placenta. Of the three the placenta is most like the modern version.

A more modern version called a *sambocade*, made with elderflower



Cheesecakes can be found in various forms across the world now. The Japanese cheesecake has a very wobbly, airy texture, similar to a souffle, whilst the Basque cheesecake is more like burnt custard and has no crust. The dessert is very popular in Eastern Europe where varieties can be found in Poland and Russia and equally it is often to be seen in Austria and Germany.

With the abundance of strawberries this year, why not give this recipe a try?

### STRAWBERRY CHEESECAKE



### Ingredients

- 250g digestive biscuits
- 100g butter, melted
- 1 vanilla pod
- 600g full fat soft cheese
- 100g icing sugar
- 284ml pot of double cream

### For the topping

- 400g punnet of strawberries, halved
- 25g icing sugar

#### Method

To make the base, butter and line a 23cm loose-bottomed tin with baking parchment. Put the digestive biscuits in a plastic food bag and crush to crumbs with a rolling pin. Transfer to a bowl, then pour over the melted butter. Mix thoroughly until the crumbs are completely coated. Tip them into the prepared tin and press firmly down into the base to create an even layer. Chill in the fridge for 1 hr to set firmly.

Slice the vanilla pod in half lengthways and scrape out the seeds using the back of a kitchen knife.

Pour the double cream into a bowl and whisk with an electric mixer until it's just starting to thicken to soft peaks. Place the soft cheese, icing sugar and the vanilla seeds in a separate bowl, then beat for 2 mins until smooth and starting to thicken, it will get thin and then start to thicken again.

Tip in the double cream and fold it into the soft cheese mix. You're looking for it to be thickened enough to hold its shape when you tip a spoon of it upside down. Spoon onto the biscuit base, starting from the edges and working inwards, making sure that there are no air bubbles. Smooth the top of the cheesecake down with the back of a dessert spoon Leave to set in the fridge overnight.

Bring the cheesecake to room temperature about 30 mins before serving. To remove it from the tin, place the base on top of a can, then gradually pull the sides of the tin down. Slip the cake onto a serving plate, removing the lining paper and base. Purée half the strawberries in with the icing sugar and 1 tsp water, then sieve.

Pile the remaining strawberries onto the cake, and pour the purée over the top.



# FLOWER SHOW & FETE \*

Saturday 9th August, 2:00 pm - Free Entry

Bouncy Castle, Bar, Cream Teas, Ices, Stalls, Games!

Flower Show entry forms to Sue Wilson, or Friday / Saturday Coffee Mornings at the Village Hall.



### *'A STAR IN OUR MIDST'*

We recently spent a very pleasant morning chatting to Tom Page-Turner who has just finished filming a remake of William Golding's 'Lord of The Flies.' Tom plays the part of Bill a member of 'the choir' led by Jack. Tom has always enjoyed acting and took a major part in a school production of 'Matilda.' The film's casting director toured schools throughout the country looking for boys to play different roles



and Tom's teacher suggested that he would be suitable. The competition was stiff, as you can imagine and after he auditioned, he had to face eight recalls before he was finally given the part.

Filming took place on a Malaysian Island over a period of five months. He was chaperoned by his parents for some of the time, and an elder cousin, Jazzy, apart from the film crew of course. Rehearsals began two weeks before filming started and limited tuition was provided.



There is some secrecy around the production at the moment, but filming is wrapped up and ADR (voice over) is being checked. Jack Thorne the screenwriter has attempted to produce the most authentic script to date and the production will be screened as a four-part serial on the BBC1 hopefully in October.

Tom now employs a talent agency to find him parts.

He has made a voice over for the next and final Downton Abbey film, which is coming out in September.

He played a main role in a short film in which a group of three people set out to sabotage a dingy carrying illegal immigrants. It is a harrowing tale, which aims to highlight the prejudice and humanitarian side of this appalling trade in desperate people. Tom plays the part of a boy who drowns, and that in itself is a feat of acting!

Once completed the film will tour the film festivals in the hope of receiving a BAFTA nomination or similar international award

Scripts are sent out by the agency and actors are given two days to learn the lines before making a self-tape which is returned to the casting director. It's very much a case of win some lose some, but Tom is fortunate enough to find it easy to remember lines

Tom is thoroughly enjoying his acting opportunities, and has made lots of new friends, but is realistic about the future in a cut-throat industry and the need to train for a backup career, possibly in finance.

One of the actors he most admires is Jacob Elordi star of 'Euphoria'. When asked if he'd like to play James Bond his reply was "Of course, who wouldn't!

Another budding actor in the family is his sister who was 'Matilda' in the school play, and his parents Greg and Fiona were extras in 'Lord of the Flies'! His older cousins Will, Harry and Jazzy have been huge influences in his life, and it is wonderful that the family have produced such united and much appreciated support for him.

Tom has learnt to become much more self-sufficient since filming in Malaysia. Whatever path life takes him we wish him every success.

Jacky O' and Mary H

# HARVEST SUPPER

## Monday 29th September

LUPPITT VILLAGE HALL

7pm for 7:30pm start

Bar, 3 course meal

Cost: Adults £12.50, Children £7.50



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### **NEW PATRON FOR LIBRARIES UNLIMITED**

Environmental journalist Anna Turns becomes patron for libraries

With a strong passion for storytelling and ocean conservation, Devon-based environmental journalist, author and broadcaster Anna Turns is taking on a new role as patron for Libraries Unlimited. Her new BBC radio series, *Secrets of the Sea*, explores how West Country marine scientists are tackling global issues such as over-fishing, climate change and sea level rise.



Anna is currently working as senior environment editor at The Conversation UK, a charity working with academics to make evidence-based research more accessible to a mainstream audience. She has also presented episodes of BBC Radio 4's 'Costing the Earth' and her book 'Go Toxic Free: Easy and Sustainable Ways to Reduce Chemical Pollution was published in 2022. She has written for national publications including The Guardian and BBC Future, covering topics such as climate change, renewable energy, marine conversation, food and farming, usually with a focus on solutions.

She has joined Libraries Unlimited as a patron at a key time, as they have just announced a £1.5million climate project 'Together for Tomorrow', funded by the National Lottery Community Fund.

The charity, which is commissioned to run the libraries in Devon, is also launching its own reading challenge this summer. The Summer Book Quest, based on their popular The Secret Book Quest challenge, is themed this summer as a Deep Sea Adventure. It not only encourages children to pick up a book, it also explores our oceans and the importance of looking after them.

"As a biologist, writer and mother, I'm passionate about nature connection and ocean literacy. Just simply stepping onto the seashore to explore a tiny rock pool or reading a coastal-inspired book can spark a lifelong interest in the ocean, so I'm incredibly excited to be a patron for Libraries Unlimited at a time when seas and storytelling combine in this summer's project and hopefully beyond," says Anna, who previously ran a Kids Against Plastic campaign called Plastic Clever Salcombe with her daughter. "Facts aren't enough to inspire action – once we connect with their environment on an emotional level, we're more likely to feel compelled to act and protect what we love. That's why stories have a huge role to play. By creating sustainability hubs at Devon's community libraries, we can also make even more of a difference by working together as a collective."

### The Honiton Agricultural Show

The Honiton Show takes place on Thursday 7<sup>th</sup> August with all the usual celebration of rural life and entertainment.

This year's show promises to have a fabulous array of fantastic entertainment, including the return of the talented Bolddog Lings, Honda's official and the UK's number one motorcycle display team. Their breath taking show is based around the world's largest and most sophisticated mobile landing system!



You will also be able to see the amazing HOH Equestrian Team, who will perform two stunning displays with their extremely skilled team of horses and riders, including the phenomenal spectacle of riding a team of horses with multiple horses abreast – this is not to be missed!

There is something for all the family, with children's entertainers such as the animated characters Sheridan the Sheepdog and Pumpkin the Pony, the fabulous Twistopher Punch & Judy Show and Professor Crump on his stilts.

Have you ever seen Dancing Sheep?! — come and watch The Sheep Show; a unique show that has captured the hearts of many, it is both educational and amusing — a must for all ages. Take a trip down memory lane with over 100 Vintage Tractors and over 50 stunning Classic Cars. With a vast array of shopping on offer, fabulous food and drink to tickle everyone's taste buds including the fantastic Cookery Theatre with a full schedule of Chef Demonstrations there is something to appeal to every member of the family.

### **History of the Show**

The first Honiton Show was held in 1890, the 54th year of Queen Victoria's reign, in fields on Bramble Hill, Honiton.

The Association was then named The Honiton Union District Store Cattle and Poultry Association. Its first president was Viscount Sidmouth. That year the show was held on 2nd October, with admission costing one shilling and a grand after show dinner at the Dolphin Hotel.

Thirty years and a world war later, in 1920 the show moved to Dowell Street and the association was renamed Honiton Union District Agricultural Association. After the second world war in 1946 the classes included Labourers Long Service Awards and judging of the Hunting Hounds. Poultry classes disappeared and dairy cattle were very low on entries; This was due to the rationing taking effect during the war. The year 1948 saw the introduction of The West Of England Hound Show. This was the beginning of what is now one of the largest and most prestigious Hound Shows in the country.



The association, now known as Honiton & District Agricultural Association, celebrated its centenary in 1990 as a limited company and held a special show to commemorate with some 290 trade stands and compared with closer to over 400 in 2013. The association has come a long way since 1890 and is ready for the next one hundred years!

### Admission

Gates open at 8.00am with non-stop, action packed family entertainment until 6.00pm.

Adult Tickets – £20.00 from <u>www.honitonshow.co.uk/admission/</u> or £22.00 on the day.

Children (Under 16) admitted FREE of charge when accompanied by an adult

All public car parking – FREE

Shuttle Bus – FREE of Charge – Starting at 9.00 from Honiton High Street, Lace Walk

Disabled Persons – Pay admission but essential carers are admitted Free of Charge

Mobility Scooters Available to Hire – Please contact Newton Abbot Shop Mobility 01626 335775

Dogs are permitted on non-retractable leads but are not allowed in the Food Hall or within the Cattle Lines.

### **News from the Luppitt Landscape Partnership**

Here's an update on events happening this summer, exploring the nature of the Luppitt valley:

Saturday 5<sup>th</sup> July

Family walk on Hense Moor

A walk across part of Hense

Moor with ecologists Erin

Reardon and George

Greenshields, to enjoy some of
the special plants and other
wildlife of this amazing place.



Starting 1pm at the Village Hall, finishing approx. 3pm. NB: Boggy, uneven ground not really suitable for very young children. To book places please email: info@luppittlandscape.org

Friday 18<sup>th</sup> July and Friday 15<sup>th</sup> August **Tea, Scones and Stories of Life in Luppitt**Village Hall, 2pm to 4pm

An opportunity to talk over tea about Luppitt's past, present and future. Share your stories, photos and memorabilia about farming, the commons, the river and other aspects of village life as part of our Oral History project.

If you are interested in taking part in any of the wildlife recording sessions below, please email: <a href="mailto:info@luppittlandscape.org">info@luppittlandscape.org</a>

Wednesday 23<sup>rd</sup> July Butterfly recording

Opportunity to take part in walking butterfly transects, sweeping netting with two professional ecologists with

expertise in terrestrial invertebrates and butterflies. We plan to record butterfly activity at several key locations including Hense Moor. This activity needs clear, calm and ideally sunny weather conditions between mid-morning and midafternoon. If the weather is unsuitable, we will re-arrange to an alternative date.



# Saturday 23<sup>rd</sup> August Involvement with static bat detector survey

Instruction in the use of bat detectors and involvement with deploying and retrieving detectors and downloading data. Meet at The Luppitt Inn at 5pm for briefing.

September (date tbc)

An evening walk to monitor bats and birds of the night This will be a one hour walk just before sunset, probably below Hartridge, involving the use of bat detectors, bird recorders, and possibly night vision cameras and moth light trapping.

October (date tbc)

### Wax cap walk

A chance to look for waxcap fungi, accompanied by an expert, and learn about these fascinating indicators of old pasture, which are present in great diversity in some parts of the parish.

Luppitt Landscape Partnership team, The Granary, Overday Farm

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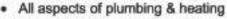


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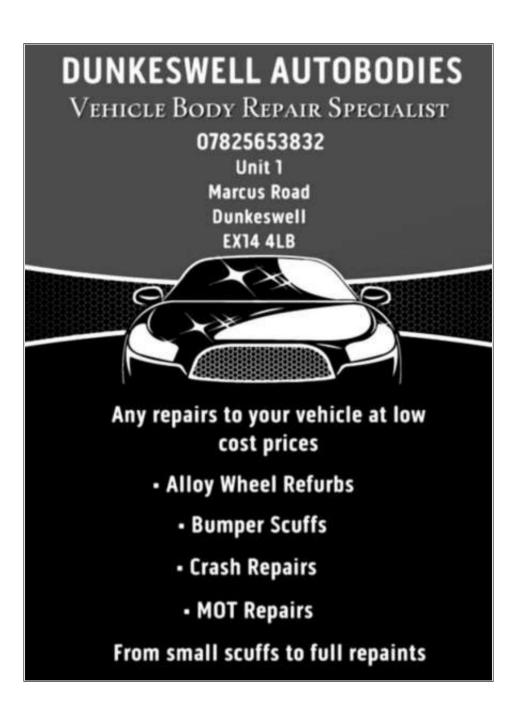
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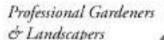


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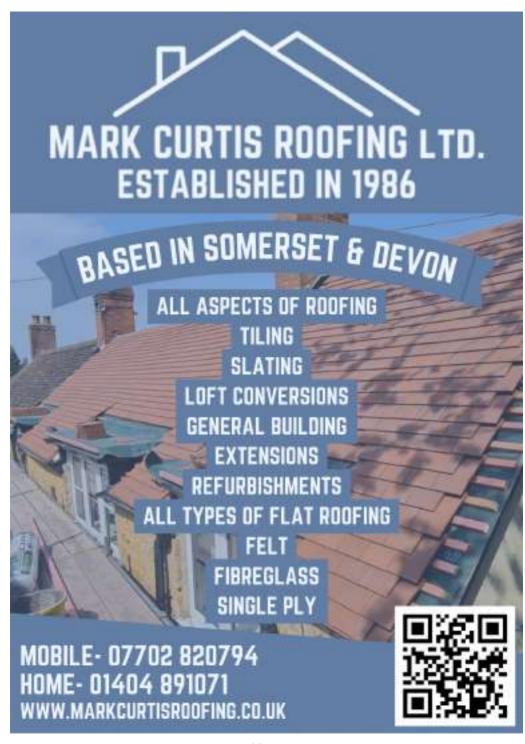
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