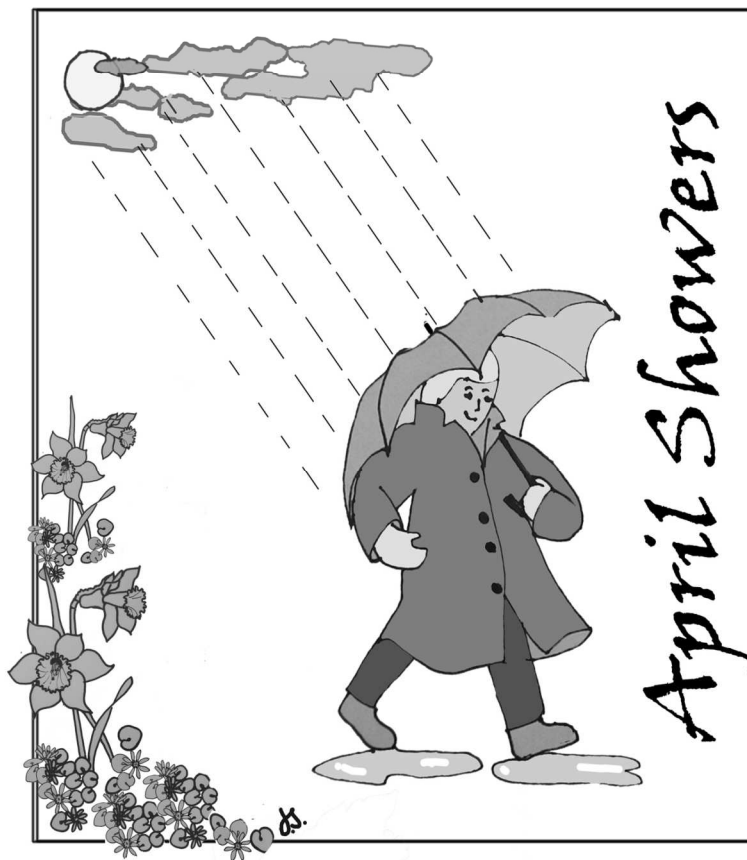


# *Luppitt Packet*



*April 2019*

## USEFUL LUPPITT PHONE NUMBERS

Parish Council: Chairman, John Thorne 01404 891412

m. 07748 780096

Clerk: Rosalind Buxton 01404 861565

Village Hall: Chairman: Brian Pulman 891324

Secretary: Mary Hill 891160

Bookings: Mary Joyce: 890186

Commoners: Secretary : Kevin Lockyer 01404 892836

Luppitt Wives: Mrs Joan Beckett 891308

Rector: Rev John Hayhoe 07864 048575.

PCC secretary: Wendy Watson 891959

Church Administrator: Sara Gordon, 07717 222404

<admin@dunkeswell.org.uk>

Churchwardens: Brian Pulman 891324

Captain of Bellringers: Pearl Pulman 891324

Cricket Club: S Berry 891268

Hartridge Buddhist Monastery: 891251

Websites - <www.luppitt.net>

<www.luppittparishcouncil.co.uk>

Location of defibrillators - Village Hall, EX14 4RT

Loman's Farm, EX 14 4TX (near Red Doors)

**Highway Faults** - online: [http://www.devon.gov.uk/index/transportroads/roads/road\\_maintenance.htm](http://www.devon.gov.uk/index/transportroads/roads/road_maintenance.htm) Alternatively, telephone 0845 155 1004 and give the fault information or email <csc.roads@devon.gov.uk>

**Police** - non urgent - **101**. **Police** - urgent : **999**

### OTHER USEFUL NUMBERS

Dog Warden : 01395 517457

Crimestoppers:: 0800 555111

Blackdown Practice:

Dunkeswell 01823 681720

Blackdown Support Group:

(Hemyock) 01823 681036

Honiton Medical Centre : 548544

Honiton Hospital: 540540

Dev.Air Ambulance: 01392 466666

TRIP: 46529: community transport

C.A.B.: 44213

Honiton Library: 41212

E. Devon District Council:  
01395 516551

**To get in touch with your MP -**

**Write:**

**Neil Parish MP**

House of Commons

London

SW1A 0AA

**Telephone:**

0207 219 7172

**email:**

[neil.parish.mp@parliament.uk](mailto:neil.parish.mp@parliament.uk)

**Local Constituency Agent:**

Lucille Baker

01395 233503

[agent@tivertonhonitonconservatives.org.uk](mailto:agent@tivertonhonitonconservatives.org.uk)

# Around the Parish



Last year must have been a very good year for ladybirds. I have no idea where they have been hiding in the house all winter, but they are all coming out now! I have rescued hundreds of them, putting them out the window. There is a blackbird down the garden in an evergreen bush sitting tight on lovely blue eggs. Isn't it bit early?

Congratulations to everyone on the Litter Pick who helped to keep the Parish looking it's best. See page 17.

Our very best wishes to Rev John Hayhoe and hope for a speedy recovery.

Have a good month—Lindsey Dalgety

## **The Friday Market**

All at the Friday Market send their good wishes to Mary Joyce, and thank her for all her hard work for the Market over the years.

## **The Friday Coffee Morning**

Meeting up on a Friday will continue with The Friday Coffee Morning. It will take place in the Village Hall at 11am to 12.30pm. There will be local honey, cooking, and always anything the gardeners and hen keepers want to bring along.

All welcome - see you there.

## **LUPPITT COMMONS**

Luppitt, as we all appreciate, is a very special place to live and work. There are many reasons for this, one of which is the large area of privately-owned Common Land within the Parish. In total there are just over 650 acres of Common Land in the Parish, with Hense Moor, Luppitt Common and Hartridge being the three larger areas, but also Wick Green, Wick Common and Ford Bridge being part of the total. All six areas together are generally referred to as “Luppitt Commons”, and some of you will own properties or land with “Common Rights” attached. For those of you new to the Parish, we thought it would be useful to reprint below a “Brief History of Luppitt Commons”. This was written some time ago, and last printed in the Packet in 2007, but it remains to this day a useful and concise summary for those interested.

Gavin Brake  
Chairman of the Trustees of Luppitt Commons

### **BRIEF HISTORY OF LUPPITT COMMONS**

The beginning of what was later to become known as the Manorial System, in other words, the organisation of the Manor, owes its origin to the feudal system which dates back to the Saxon period. The Overlord was known as a Thane, later to become a Knight under the Normans. In the Medieval period up to the present day, the Knight was replaced by the Lord of the Manor. In the case of Luppitt Commons, the Lordship of the Manor is now vested in four Trustees (and a Custodian Trustee) who hold this office on behalf of all the Commoners.

In more recent times, until 1921, Luppitt Commons had been part of the Combe Raleigh Estate, owned by the D'Oyly Barnard family. When this family sold the estate in 1921 it was broken up and the freehold of the Common Land (and Manorial Rights) was purchased by Mr John Madge of Chard. It was at this time that Dumpdon Hill Common was split up from the rest of the Commons (Luppitt, Hartridge, Hense Moor and the three smaller Commons), having been purchased by a Mr Jim Hussey of Honiton, later passing into the ownership of the National Trust. However, in 1959 Mr Madge sold the freehold of Luppitt Commons to Mrs Jessie Norcott, who then lived at

Woodhayes. A few years later Mrs Norcott called a meeting of all Commoners and agreed to convey, by purchase, the freehold of the Commons to the Luppitt Commoners. The Commoners paid Mrs Norcott the sum of £800 for the freehold of the Commons, the conveyance for the purchase was signed on 18 May 1960, and on the same day the Trust Deed was executed establishing the Trust which now owns the freehold on behalf of all Commoners.

During the Second World War, under the direction of the War Agricultural Department, parts of Luppitt and Hartridge Commons were ploughed up for cultivation. Areas which were cultivated then now remain as areas of pasture which are used for grazing, hay and silage to this day.

Nevertheless, it was Trust Deed, dated 18 May 1960, which sets out the pattern of administration which, broadly speaking, exists to this day. An Annual General Meeting is held in October each year (advertised in the Luppitt Packet), at which time the Commoners are invited to elect their Chairman, Vice Chairman, Hon. Secretary and Hon. Treasurer (together, they form the four elected Trustees). In addition, a further six Commoners are elected, who together with the four Trustees, form the Trustees Committee, one of whom is required to be a “non-grazier”.

The Luppitt Commons Trustees Committee is responsible for the administration of the Commons and the exercising of rights thereon, and aims to ensure that the Commons are managed and grazed in a fair and equitable manner for the benefit of all Commoners.

There is, in addition, a Commons Management Committee, again elected at an AGM and consisting of a Chairman, Vice Chairman, Hon. Secretary and Hon. Treasurer, with nine further Committee Members. The Management Committee is responsible for the day-to-day management of that area of the Commons under cultivation, and is accountable to the Trustees Committee.

Under the Countryside Rights of Way Act 2000, all of Luppitt Commons has now been designated “open access land” over which members of the public are entitled to walk. There are also numerous public footpaths which cross the Commons.



Finding the best beer in town  
doesn't take a lot of investigating



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[www.otterbrewery.com](http://www.otterbrewery.com)

## PARISH COUNCIL ELECTIONS

From John Thorne, Chairman of Luppitt Parish Council

Parish Council elections are held every 4 years and the next election will take place on Thursday, 2 May 2019.

There will be vacancies on the Parish Council so this is an opportunity for anyone interested in parish matters to apply. Do contact me if you would like to hear first-hand what is involved.

Luppitt Parish Council meets on the first Tuesday of each month. Our meetings are informal and friendly and last for about 2 hours. We discuss a wide range of issues, including planning applications, road maintenance and work to improve the quality of life in the parish.

Please do consider applying to become a Parish Councillor and taking part in the election process.

Further information is also available from the Parish Clerk, Rosalind Buxton, on 01404 861565 or [luppittclerk@yahoo.co.uk](mailto:luppittclerk@yahoo.co.uk)

## **LUPPITT ANNUAL PARISH MEETING**

the Annual Parish Meeting  
will be held in the  
Village Hall

on Wednesday, 10 April 2019

at 8 pm

Everyone is welcome to come along to this  
annual meeting of the parish

# **LUPPITT PARISH COUNCIL**

## **Clerk's report of a Meeting of Luppitt Parish Council held at Luppitt Village Hall, on Tuesday, 5 March 2019 at 8 pm**

**Present:** Cllrs John Thorne (Chairman), Tom Nancarrow (Vice-Chairman), David Barlow, Gavin Brake, Paul Prettejohn, Brian Pulman, Christine Ryder, Andrew Tucker, Iain Chubb (EDDC and DCC), Roger Hicks (Chairman of Steering Group), Rosalind Buxton (clerk) and 10 members of the public

### **Receive apologies for absence**

Apologies were received from Cllrs Tom Nancarrow and David Key (EDDC)

### **Minutes of previous meeting**

The Minutes of the meeting held on Tuesday, 5 February 2019 were unanimously agreed and signed as a correct record of that meeting (proposed by Cllr Tucker and seconded by Cllr Pulman).

### **Declaration of Interest**

Cllr Tucker declared an interest in item 2.1.1 (construction of slurry lagoon) as he carries out work at Higher Wick Farm.

## **PLANNING**

The meeting was suspended to allow members of the public to participate in the next item.

### **Applications (for comment, support or objection)**

**19/0298/FUL – Higher Wick Farm, Wick, Honiton, EX14 4TY** – construction of manure slurry lagoon and associated earthworks and landscaping for existing dairy unit complex

The plans associated with this application were laid out so that members of the public could look at them. This is a new application and must be considered as separate to the last planning application which was refused. Cllr Ryder said there are two new documents – a site investigation report by CQA and a landscape statement by Swan Paul Partnership. There is no structural engineer's report showing the design or materials to be used in the construction of the slurry lagoon although the CQA report puts forward various suggestions that the designers might choose to follow. Cllr Barlow pointed out that under item 1.2 of CQA's report it



states that the report's remit does not include 'assessment of the proposed imported soils for embankment construction' or 'design of the lagoon and earth banks'.

Cllr Ryder said that answers to the recent Neighbourhood Plan questionnaire had indicated only 27% in favour of landscaping of this sort. There was discussion about the impact that lorries bringing in material have had in the past and will have in the future. The applicant, who was at the meeting, said that lorry movements had been strictly monitored but this was disputed by residents who said that lorry traffic had escalated to between 70 and 100 lorries a day greatly affecting day-to-day life. 12,000 cu metres have been brought in to the site so far but, following recommendations in CQA's report, this would have to be tested for suitability. If it proves to be unsuitable, then the site would have to be cleared.

The applicant was asked by a parishioner how long it would take to construct the slurry lagoon. The applicant was unable to say because it would all depend on the availability of suitable material and the number of lorry trips allowed each day. Another parishioner asked why the applicant would not consider having a slurry tank as this could be erected in a very short space of time enabling the applicant to resume his farming activities more quickly. The applicant replied that he had been told by the Environment Agency that an earth bund was the only solution and that a slurry tank would not be permitted. Another parishioner asked if the applicant would consider withdrawing his application to allow a meeting with the applicant's agent to see if some solution could be reached that would enable the applicant to resume his farming activities without causing unnecessary impact on the community. The applicant was not agreeable to this suggestion.

Cllr Thorne said that he was still not convinced of the safety of a slurry lagoon being constructed on the side of a hill. Cllr Pulman was concerned that there is no structural engineer's report. Cllr Ryder took issue with the conclusion reached in the Landscape report that there would only be a 'small impact on the landscape and visual sensitivities'.

Cllr Ryder proposed that, as there were so many unanswered issues, the Parish Council should recommend refusal of the planning application in its current form. This was seconded by Cllr Pulman and the proposal was carried with two abstentions.

The meeting then resumed.

## Neighbourhood Plan

Roger Hicks updated the Parish Council on progress with the Neighbourhood Plan. Sub-groups have been reconvened and will meet up to consider the answers given in the questionnaire and decide on recommendations to make to the full Steering Group on how they should be incorporated in their particular sections in the Neighbourhood Plan.

Phil Twamley, Neighbourhood Planning Officer at EDDC, had come to speak to the sub-group lead members. He was very impressed with the response rate to the questionnaire and felt that the committee had done as much as they possibly could to ensure that residents were consulted and kept fully informed throughout the process so far.

Phil Twamley said that as the report showed a majority of residents felt that additional housing of some sort would be welcome, then it would be a logical step to ask EDDC to carry out a Housing Needs Survey for affordable housing. The Parish Council will have to decide on whether or not to commission the survey.

Fiona Fyfe has pencilled in week commencing 8 April to start work on the Parish Character Assessment. The clerk will apply for funding towards this project.

## HIGHWAYS AND TRAFFIC

| Item Reported   | Action  | Status  |
|---|---|---|
| <b>HIGHWAYS</b>   | Report all items to NHO<br>( <a href="mailto:csc.roads@devon.gov.uk">csc.roads@devon.gov.uk</a> ) |   |
| Pothole outside Dolish Farmhouse                                | W181164455  | <b>No safety defects. Marked for patching. Have put on A R Tucker's list of work.</b> |
| Severe road subsidence from Ringborough Cross to Luppitt Common | W181163261/262/263/264  | <b>Marked for patching (2.10.18). No further action.</b>                              |
| Uxford Bridge to Crook Cross                                    |   | <b>Support for Combe Raleigh's complaints has been registered with the NHO.</b>       |

## **Parish Maintenance**

Cllrs Pulman and Thorne have identified 40 potholes round the parish that can be repaired under the Road Warden Scheme. They will liaise with Cllr Tucker to carry out the work.

### **Church Hill and School Lane**

It was agreed to ask Cllr Tucker to give a quote for work in this area.

### **Road at Higher Wick**

Cllr Thorne has received two complaints and the clerk has received one complaint about the state of the road at Higher Wick. There is a lot of mud, muck and silage on the road which is unpleasant for other residents to drive or walk through. Cllr Thorne asked the parishioner (who was at the meeting) if he could arrange for this to be cleared up. The situation will be monitored and followed up if necessary.

### **Grit Bins**

One of the new grit bins has been placed at Moorlands Lane and the other at Millrise.

### **Safety railings**

The clerk will follow up with the Neighbourhood Highways Officer.

## **FOOTPATHS AND BRIDLEWAYS**

### **Footpath 14 and Footpath 17**

The clerk has applied to the P3 fund for money to carry out work at footpath 14 and has reported the rotten sign at footpath 17

## **ENVIRONMENT/COMMUNITY FACILITIES**

### **Community Policing Report**

No report was received.

### **Defibrillator sign at Lowmans Farm**

The sign is ready and will be erected.

### **Annual Parish Meeting**

The clerk confirmed the date as Wednesday, 10 April. Cllr Thorne had suggested a speaker on renewable energy and it was thought this would be an interesting topic. The clerk will follow up two or three suggestions of possible speakers.

## **ADMINISTRATION**

### **Parish Council elections**

The clerk handed out nomination packs to those Parish Councillors who are intending to stand for re-election and summarised the procedure for the election of Parish Councillors to be held on 2 May. Candidates must each have a proposer and a seconder (both of whom must be on the electoral register). Completed nominations must be delivered by hand to the new EDDC offices in Honiton from 25 March onwards with a deadline of 4 pm on 3 April. This is also the deadline for the

withdrawal of candidates so it will only be known on 4 April whether or not there will be a contested or uncontested election. The clerk will put notices on all three noticeboards and on the website giving information about the availability of Nomination packs.

#### **Internal auditor**

The internal auditor used in past years has resigned so the clerk asked for suggestions of people who might be willing to undertake the audit. Cllr Brake offered to do so as he is standing down from the Parish Council and will not be at the last meeting in April of the Parish Council (before elections). The clerk was grateful for this offer and, at Cllr Brake's suggestion, will check with DALC to ensure that this would be in order.

#### **Correspondence**

There was no correspondence.

#### **Chairman's Discretion**

A parishioner has donated a second projector to the Parish Council. On behalf of the Parish Council, Cllr Thorne thanked the parishioner for the kind gesture.

It was Cllr Brake's last meeting of the Parish Council and Cllr Thorne thanked him very much for all he has done for Luppitt parish as Parish Councillor and Chairman of the Parish Council. Cllr Thorne has been grateful for his support whilst he has been Chairman and said that Cllr Brake's input would be greatly missed.

The Chairman and the clerk had attended a tour of EDDC's new offices at Blackdown House, Honiton.

There was a reminder about the litter pick organised for 9 March.

#### **Questions from the Public**

There were no further questions and the meeting closed at 9.42 pm.

#### **Dates for next meetings to be held in Luppitt Village Hall at 8 pm:**

**Tuesday, 2 April 2019**

**Tuesday, 7 May 2019 Annual General Meeting**

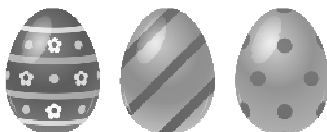
**Tuesday, 4 June 2019**

**Annual Parish Meeting – Wednesday, 10 April 2019**

**Upottery Primary School PTFA invites you to our  
Light Lunch and Easter Trail**

Sunday 7<sup>th</sup> April 12noon – 3pm

The Manor Rooms



Come and join us for some delicious homemade soup and a  
dessert!

From £3 per person

Easter treasure trail for the children, Entry £2  
to include a boxed Cadbury's Easter Egg for each finished trail!

Call Tracey on 07970 242370 to book a table

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**The University of the Third Age**  
**'Learn, Laugh, Live'**

The Honiton U3A will be meeting on Wednesday 17<sup>th</sup> April and our speaker will be **Dawn Lawrence** - her talk is entitled '**2 Steps Behind (The Dinosaur)**'.

Dawn's talk is based on her book of the same name and describes the situation facing most of the world's wild life.

Venue: The Beehive Centre, Dowell St., Honiton  
Doors open 1.30pm for a 2pm start

Members Free and Visitors welcome (suggested donation of £2.00)

Further information: 01404 598008  
Website: <http://u3asites.org.uk/honiton>



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# **Luppitt Entertainments Committee**

## **Dates for your Diary 2019**

|   |  |
|---|--|
| <b>Friday<br/>12<sup>th</sup> April</b> | <b>Easter Bingo</b><br><b>Always popular, especially with all<br/>those Easter Egg prizes!</b><br><b>7pm for 7:30pm start</b>  |
| <b>Sunday<br/>5<sup>th</sup> May</b>    | <b>Sunday Stroll and Lunch</b><br><b>If you're feeling fit work up an<br/>appetite with a walk to see the<br/>bluebells, starting at 11am,<br/>or just come for lunch from 12:30pm.</b><br><b>Booking for lunch essential.</b> |

**More events being planned - watch this space  
for further details!**

**We are always open to new ideas and welcome  
any offers of help. Contact Pat Bussey on  
892720, or email [pat.bussey27@gmail.com](mailto:pat.bussey27@gmail.com).**



**Follow us on Facebook at  
Luppitt Events**

## **GARDEN JOTTINGS**

by D.Street

It's beginning to get light early now. We've a blackbird singing his heart out first thing - clear and penetrating, beautiful, alive. This is all mine, he's singing to all the world, all mine, and I'm telling you, so you'll know.

It's April. The gaudy melon flowers in Mr Browning's foreign garden may be out. Here in Luppitt there's often a decided chill in the air. Not chilly enough though to keep farmers and gardeners from sowing seeds for a new harvest.

So you can get out and sow anything hardy you haven't yet - carrots, onions, peas, spinach, broad beans and whatever else you fancy or need.

April is the start of the tulip season. Kaufmanianas of course, like the traditional red and yellow Stresa, are very often out in March, even February this year. Tulips are not best suited to the wet climate of the South West with its vast population of slugs and snails. They do better in the eastern counties. I remember going round the floats in the Wisbech tulip festival some years ago. The main tulip season is in May with more and brighter sunshine.

The sunny spell we had in February brought out butterflies earlier than usual. They'll not be out in today's cloud and drizzle, but there have been tortoise shells, brimstones and peacocks flying among our polyanthuses. Tortoiseshells are said to have been having a bad time recently for little understood reasons. Nor did all butterflies thrive in 2018's hot dry summer.

I have been reading about Tiger Moths. They fly by day like butterflies, and like butterflies are brightly coloured with white, brown, red and orange splotches on their wings. There are several different daytime Tiger Moths apart from the Jersey Tiger Moth often to be seen in the Torbay area - the Scarlet Tiger, the Wood Tiger, the Ruby Tiger. I shall be keeping an eye open for them on my buddlejas.

As well as butterflies and blackbirds and chaffinches and whitethroats, vey soon all the swallows too will be back in their northern summer haunts.



# **SUNDAY STROLL AND ROAST**

**Luppitt Village Hall  
Sunday 5<sup>th</sup> May**



**Walk leaving from the hall at 11:00am  
(not compulsory!)**

**Lunch served from 12:30pm**

**Bar available**

**Adults: £12, Children 5-11: £7.50**

**Children under 5: free**

**Contact: Shirley Crabb 01404 891235**

***By 28th April, payment with booking please***

## **Honiton Mobile Library at MOUNTSTEPHENS FARM**



|           |               |               |
|-----------|---------------|---------------|
|           | <u>Arrive</u> | <u>Depart</u> |
| April 3rd | 12.30         | 1pm           |

### **Music and Movement for Children.**

Luppitt Village Hall.      Wednesdays, term time only.

Starts at 9.30 am with approximately 45 minutes of singing and dancing.

Price is only £1.00 per child, to include a drink and a biscuit, also coffee or tea for the adults.

From babies till school age.      Any enquires contact Maria  
01404 891058.

## **Luppitt Wives**

### **April**

Our meeting in April will be on Thursday 18th, when we will go to Otter Nurseries. Meet there at 12noon.

Skittles Evening on 27th April.

### **May**

We have our Annual AGM on Thursday May 16th at 8pm at Shirley Crabb's.

Come with all your good ideas for the coming season!

Joan

## Litter Pick Results

The Litter Pick on Saturday 9th March was a great success. We had 23 residents (including some very young participants) who turned out for the event and we were able to cover most of the parish between us. The weather was kind although very windy for some, which made controlling the black bin bags an interesting exercise! It is quite amazing and in some ways disheartening to see what people discard as they drive down our beautiful country lanes. The various hauls included a car wheel in the ditch along Greenway Lane, ump-teen empty wine, spirits and beer bottles, 4 bags of rubbish someone had chucked in the hedge, crisp packets, chocolate bar wrappers, plastic bottles and other plastic of various kinds. The last count of the overall litter haul was around 20 bags collected across the village. A big **THANK YOU** for all those who gave up their time to help keep the village clear of litter!

Michele Turner





# **Highfield Stores & Post Office**

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## **DEVON CREAM TEA**

### **Claudia Severa writes to her friend Sulpicia Lepidina**

In summer AD 43 a Roman army left Boulogne. Some 40,000 to 50,000 men, including four experienced legions with auxiliary cavalry and infantry units, set off across the Channel towards Kent. Their intention was to conquer Britain. One legion, the Second (Legio II Augusta) was under the command of an officer who later became the Emperor Vespasian. Their particular task was to impose the rule of Rome on the South West of Britain. As the army moved west, the Durotriges (the Britons of Dorset) suffered under a fierce campaign and moved to the defensive forts of earlier times. At Maiden Castle, the largest hill fort in Britain, they were overwhelmed by the very experienced and organised soldiers with superior equipment including artillery, like the ballista.

The Roman forces then moved further west, crossing the Axe into the territory of the Dumnonii ('the people of the land'). Their tribal capital was probably Hembury Fort, but there is no evidence there of fighting as there is at Maiden Castle (graves and skeletons). Perhaps their leaders formed an alliance with the Romans; thinking it best to avoid fighting superior forces. In Rome there is a triumphal column to a general 'who accepted the submission of 17 British kings'. Also, since the first century BC, trade had been established between British tribes and Roman merchants, trading even to Spain. British cattle had been exported to the continent.

The Second Legion reached the Exe, and this was to become the south-western frontier of Roman Britain. They established a fort at Isca, now Exeter. This was part of a general strategy to control native populations and to protect communications. Ports and roads were built, with a major road, the Fosseway, to connect the southwest with Lincoln. Parts of this road are still in use today, and just west of Honiton the A30 is a Roman road. By about AD 55 the fort had become the base and headquarters for Legio II Augusta.

It seems that around Isca, invader and invaded rubbed along together without too much trouble. The Dumnonii would come to the fort to trade their produce – cattle, sheep, pigs and goats, vegetables and grain, milk and cheeses. Gradually they settled around Isca, and by about AD 100 it had become a civilian town – a 'civitas', becoming the capital of the Dumnonii, a market and servicing centre for the surrounding rural population. Local girls and perhaps young men became servants to the wealthy Romans.

Elsewhere in Britain things were not so quiet. In East Anglia, Boudica and the Iceni rebelled destroying the Roman towns of Colchester, London and Verulamium, and massacring thousands of their civilian inhabitants. A detachment of Legio IX sent to help was ambushed and practically annihilated.

Further north, in Scotland the local population was continually troublesome for the Roman forces. Although Agricola had reached the area around modern Aberdeen, defeating 10,000 Caledonians for the loss of 360 in AD 84, these gains were short lived. Troubles on the Danube frontier a year later led to the transferral there of one legion and several cohorts of auxiliaries, leaving the area north of the Clyde (and indeed the garrison of Britain) to be very short of manpower. Forts were evacuated and abandoned or destroyed by hostile action, and the new frontier was established much further south. This was along the Stanegate, Agricola's road between Carlisle and Corbridge. Later this was to become the site of Hadrian's Wall, and extended in both directions.

A series of wooden forts were built, this first at a place called Vindolanda. This was followed by others, but very soon much larger, better-built forts were required by the increasing numbers of troops. By the AD 90s the Ninth Cohort of Batavians (Low Countries) had been sent to Vindolanda. These were a part-cavalry regiment of some 1,000 men commanded by the Prefect Flavius Cerialis. Yet bigger, better buildings were required – this happened five times – and the old structures were roughly demolished and buried under layers of turf and clay.

The remains of the buildings, and most importantly their contents, are buried in anaerobic conditions; the exclusion of oxygen and little bacteria has preserved them to an exceptional degree. Recent excavations have revealed an astonishing quantity of artefacts. These include leather goods, textiles and wooden objects, as well as items of iron and bronze. A beautifully made and doubtless expensive slipper was found. This belonged to Sulpicia Lepidina, the wife of Flavius. Even more startling is the preservation of many documents. These are wafer-thin sheets of alder and birch, with writing in ink. The men, women and children who lived at Vindolanda in AD 100 to 105 had activities, interests and difficulties very familiar to us today. Documents include incoming mail, drafts of outgoing letters, officers' reports and also much more personal matters. There are letters complaining about beer shortages, high transport costs, poor weather, and the state of the roads. There are also invitations to friends, messages asking servants to find good fruit and vegetables in the markets and so on.

One letter is particularly interesting. A Roman lady, Claudia Severa, writes to her friend Sulpicia Lepidina "I write to invite you to a celebration of my birthday on the IX. But I must warn you that some of the delicacies we had in Isca will not be forthcoming. Lucia, my servant from the Dumnonii, has told me she just cannot make the special treat we used to enjoy. The milk here is too thin. The cattle are just like the Brittunculi here ('wretched little Britons') and so no cream. The fruit is poor; there are few strawberries and the raspberries are small. Oh, how I long for our summer days in Isca, when Lucia prepared the rolls with her father's cream and fruit. It was so good..."

And that is the first record of a Devon Cream Tea. Claudia and Sulpicia were real persons who lived at Vindolanda. They were the wives of regular Roman army officers, and they both wrote letters to their friends. You can see some of them, and the slipper, in the museum associated with Hadrian's Wall.

DS I/IV/MMXIX

**Devon Cream Tea, Footnote** - the traditional Devon cream tea is made with soft white bread rolls. These can be easily parted by the fingers and are known as splits. Scones are just a modern abomination!

As for the Romans, they had various kinds of bread. The wealthier might have preferred artophites, a light leavened bread made from the best wheaten flour and baked in a mould. We do not know if the Romans made any kind of jam but crushed fruit could be thickened and sweetened with honey.

## **RINGERS OUTING**

**Saturday May 4th**

Leaving Mountstephens at 8am prompt.

We are going to Bournemouth and will be there for lunch and tea.

Ringing at four towers to be arranged.

Dorchester for fish and chips. Home approximately 8pm.

All are welcome, we always have an enjoyable day.

Names to Pearl - 891324

**OPEN GARDEN     Saturday May 18th**

**Mathayes (the brewery) is opening it's beautiful wild garden in aid of the Church.**

**There will be tea and cakes!**

**This lovely garden is on a slope with paths that wind around ponds and flower beds. Last time I was there, there were ducks!**

**Children should be accompanied and please wear flat shoes.**

**More information in the next Packet**





## The Heath Pharmacy 2

by D.Street

Nowadays surgeries and A & E departments are getting overcrowded. So if you're feeling a bit off colour, you've been asked to go first to a chemist.

In the forties people often came into the Heath Pharmacy for advice of this sort. My father prescribed and made up medication for minor ailments - indigestion mixtures, cough remedies, antiseptic lotions. The bottles were wrapped in white paper, finished off with red sealing wax. They were professional, more profitable and posher than pre-NH panel prescriptions. Some were so regularly asked for he kept a stock made up on the shelf, packed, labelled and ready.

In those days toiletries and cosmetics by well-known firms like Coty and Yardley, were hard to come by. So in addition to private medicines my father started his own make of cosmetics. They were attractively presented, labelled in black and silver, Delovedor by Adoree, Paris and New York.

He made face powder, rouge, mascara, vanishing cream, cold cream. He had a metal mould for lipsticks in various shades of red. There was "Liquid Stocking" a fawn lotion you painted on your legs instead of nylons you couldn't get. I remember him heating saucepans on the scullery oven.

A lot of people came in to buy these lines. Soldiers from the nearby barracks and their girl friends piled into the shop. Italian prisoners with distinguishing coloured patches on their backs came in and bought Delovedor goodies. Not everyone quite got the idea right. You could be asked if you still had any of that Devildoor perfume left.

Christmas was a busy time. People crowded into the shop with its bright lights till late at night for Delovedor gift boxes I remember us boys at the living table, armed scissors and secotine, covering boxes with green and orange paper. (We made paper chains too for our own Christmas decorations). We cut out slots and glued on tabs for lipsticks and face powders to fit in. The shop was open till after our bedtime. Even Christmas morning we were open for a couple of hours to catch last minute presents...  
(continued)



# **EASTER BINGO**

**For all the Family**

**Luppitt Village Hall**

**Friday 12<sup>th</sup> April**

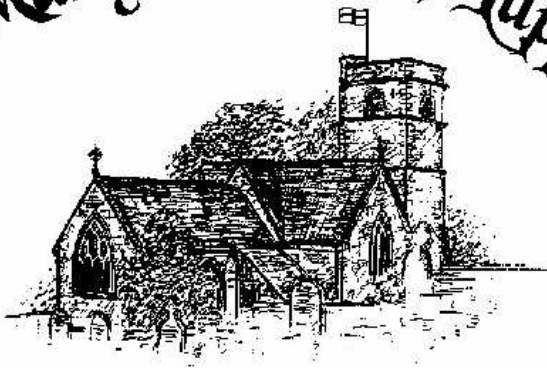


**With Raffle**

**Doors Open 7.00pm**

**Eyes Down 7.30pm**

# St Mary's Church, Luppitt



|                   |   |
|-------------------|---|
| Sunday 7 April    | 9:30 am BCP Holy Communion *                        |
| Sunday 14 April   | 11:00 am Palm Sunday Family Service ‡               |
| Thursday 18 April | 7:30 pm Maundy Thursday Mission Community Service ‡ |
| Friday 19 April   | 12:30 pm Good Friday crosses on Hartridge ‡         |
| Sunday 21 April   | 11:00 am Easter Communion §                         |
| Sunday 28 April   | 11:00 am Family Service ‡                           |
| Sunday 5 May      | 9:30 am BCP Holy Communion ¶                        |

\* *Revd Peter Horder*    ‡ *Mr John White*    ‡ *Revd John Hayhoe*  
 § *Revd John Fairweather*    ¶ *Revd Stephen Treeby*    officiating



## Easter Crosses

We will be erecting the Easter Crosses on Hartridge again this year, by kind permission of the Luppitt Commons Trustees.

Meet at 12:30 pm on Good Friday on the road under Hartridge.

## Other Services in the Mission Community

|                               | St Andrew's<br>Broadhembury     | St Nicholas'<br>Dunkeswell  | St John's<br>Plymtree           | St James the Greater<br>Sheldon | St Mary the Virgin<br>Upottery  |
|-------------------------------|---------------------------------|---|---------------------------------|---------------------------------|---------------------------------|
| Sunday<br>7 April             | 11:00 am CW<br>Holy Communion   | 8:00 am & 9:30 am<br>BCP Holy<br>Communion /<br>coffee & croissants | 4:00 pm<br>Worship and APCM     | 9:30 am<br>Family Service       | 11:00 am Matins                 |
| Sunday<br>14 April            | 10:00 am<br>Morning Praise      | 11:00 am<br>Morning Worship   | 9:15 am CW<br>Holy Communion    | 9:30 am<br>Morning Worship      | 11:00 am CW<br>Holy Communion   |
| Good Friday<br>26<br>19 April | 9:30 am<br>Meditation           | 11:00 am<br>Wolford Chapel  |                                 |                                 | 2:30 pm<br>Meditation           |
| Sunday<br>21 April            | 9:30 am<br>Easter Communion     | 11:00 am<br>Easter Communion  | 11:00 am<br>Easter Communion    | 9:30 am<br>Easter Communion     | 11:00 am<br>Easter Communion    |
| Sunday<br>28 April            | 10:00 am<br>Family Service      | 11:00 am CW<br>Holy Communion                                       | 11:00 am CW<br>Holy Communion   | 9:30 am BCP<br>Holy Communion   | 11:00 am CW<br>Holy Communion   |
| Sunday<br>5 May               | 11:00 am CW<br>Holy Communion   | 8:00 am & 9:30 am<br>BCP Holy<br>Communion /<br>coffee & croissants | 11:00 am<br>Family Service      | 9:30 am<br>Family Service       | 11:00 am Matins                 |
| Morning Prayer                | 8:30 am, 1st & 3rd<br>Thursdays | 8:30 am, 1st & 3rd<br>Tuesdays                                      | 8:30 am, 2nd & 4th<br>Thursdays | 8:30 am, 2nd & 4th<br>Tuesdays  | 9:00 am 2nd & 4th<br>Wednesdays |

## Church cleaning and flower rota

|          |   |
|----------|---|
| 30 March | Jean Gardiner & Joy Tofts   |
| 6 April  | Pat Bussey & Claire Stevens   |
| 13 April | Carole Thorne & Jean Hooper   |
| 20 April | Wendy Clapp & Mary Hill<br><i>Easter decorations—all</i>                |
| 27 April | Pearl Pulman & Mary Joyce   |
| 4 May    | Christine Page-Turner, Olive Clapp, Vanessa Nancollas<br>Beryl Hardwick |



*If you would like to help with church cleaning or flower arranging, please contact Pearl Pulman on 891324*

---

fundraising for St Mary's Church, Luppitt

# DANCE

to the music of Ray Denning

Sequence

Ballroom

Old Time



**Friday, 24 May 2019**

8:00 pm - 11:30 pm

**Luppitt Village Hall**

bring and share supper

**BAR**

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## **Blackdown Hills Community Bus**

We are delighted to announce that starting in April, our volunteer drivers will offer a regular return trip to Taunton. This will take place on the first Friday of each month.

If you would like the opportunity to do some shopping in Taunton for a few hours, have a coffee/lunch while you are there, then we invite you to join us.

The bus will pick up at Smeatharpe village hall at 10.15 and Churchinford village hall at 10.30. Tickets will cost £5 (return). It will be on a first-come first-served basis. Duration of trip can be decided on the day with passengers on board (approx 3 hours).

April 5th (Friday): Asda trip

May 3rd (Friday): Taunton town centre

If the service proves popular, we hope to be able to introduce additional pick-up points such as Pitminster.

While we have your attention, we are always on the lookout for new volunteer drivers. If you are interested, please contact Paul Thomas on 07801 816892 or [blackdownbus@gmail.com](mailto:blackdownbus@gmail.com).

The Committee

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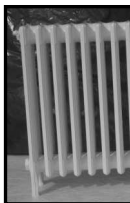
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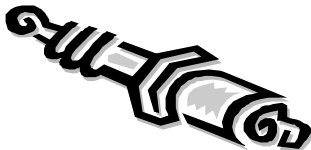
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**Mondays, Wednesdays and Fridays**  
**9am – 3.30pm**  
**Tuesdays 9am – 1pm**  
**Thursdays 9am – 1pm**

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**Abi Few 01404 861705 email <[upotterypreschool@btconnect.com](mailto:upotterypreschool@btconnect.com)>**

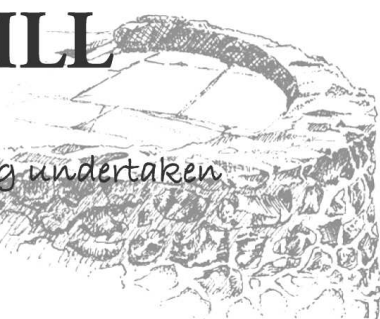
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## **Refuse, Reduce, Reuse, Recycle -The future of Rubbish?**

When you see rubbish littering our streets and seemingly everywhere else, what do you think? It is either left to blow around and maybe degrade if suitable, collected by the Council or picked up by stalwart members of the community, such as the good people of Bishopswood and Luppitt.

But why is it there in the first place? Is it a lack of civic pride, or an absence of guidance from parents? How could we stop it? Should a charge be levied on every supposed "disposable" piece of packaging, to be given to Councils and others collecting these items strewn around?

Is an old fashioned deposit scheme required whereby the end consumer has to pay a refundable charge to the shop or supplier of the purchased item? Should all packaging be fully bio-degradable so as to minimise the effect upon the environment? Could packaging be re-purposed to perform another task after coming to the end of its original use?

There are many strands to this discussion and it was vigorously debated at the last Blackdown Hills Transition Group meeting. However as there are only about a dozen of us Eco Warriors at present, it is difficult to focus upon what could be done - so here is where you could come in.

- Recycle as much as you can, either at the roadside or at local recycling areas in shopping carparks, or at the Chard recycling centre.
- Where something seemingly cannot be recycled, challenge the supplier of this item. I have asked for the Manager in supermarkets and expressed my frustration at excessive or unwanted packaging on products.
- Where there is no meaningful response from the shop or organisation, write to their Directors (at their home addresses) to ask why they are not doing more to reduce excessive packaging. (Why do this? Directors do not like receiving mail as it means that they have to do something about the problem. It is not generally worthwhile contacting the Customer Service Department).
- Seek out new shops and organisations that eschew packaging; there is a new enterprise in Chard that not only recycles crisp packets but also will sell you a variety of "Eco" cleaning and laundry materials. All you have to do is to take a suitable container along to refill. If you have a particular gripe about packaging, use Social Media to give your cause a platform. After all, I am sure that other people will have the same thoughts and feelings about the subject.

Join your local group which advances your cause. Come along to our BHTG on Monday 8th April, 7.30pm at the Holman Clavel pub and see what we are up to.

Neil Arnold - Tel: 01460 234693

# Dates for Diary

|                                     |  |
|-------------------------------------|--|
| April 1st, 8th,<br>15th, 22nd, 29th | Bowls, Village Hall, 7.30pm.                                       |
| April 3rd, 10th,<br>17th, 24th      | Social Club, Village Hall, 8pm.                                    |
| April                               | Friday Market now Friday Coffee Morning.<br>Please see front page. |
| April 2nd                           | Parish Council Meeting, Village Hall, 8pm.                         |
| April 10th                          | <b>Parish Council Annual Meeting</b> , Village Hall, 8pm           |
| April 12th                          | <b>Easter Bingo</b> , Village Hall, 7.30pm.                        |
| April 13th                          | Private Party, Village hall.                                       |
| April 22nd                          | Private Children's Party, Village Hall, daytime.                   |
| April 27th                          | <b>Wives Group Skittles</b> , Village Hall, 8pm.                   |
| April 28th                          | Private Party, Village Hall, daytime                               |
|                                     |  |
|                                     |  |

## CONTRIBUTIONS

Copy for the May issue is invited by April 20th.

The Luppitt Packet is put together by

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### ADVERTISING RATES

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1/2 page: £50

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1 only 1 page £30

1 only 1/2 page £20

Enquiries about advertising to

Lindsey Dalgety

<thepacket@puzzlemuseum.com>

### EDITORIAL BOARD

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The views of contributors are not necessarily those of the Editorial Board.

The Editor's decision is final.

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